

CERTIFICATE OF PARTICIPATION

This is to certify that

Michael Rogers

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:29:22

PACE 06:51/km

OVERALL 15 of 149

GENDER 11 of 79

50 - 59 1 of 10

23 June 2019, Sun

Date



BoutTime

Signature

